

Below are some frequently asked questions to help provide clarity on the most recent CDPH Guidelines:

1. Do the new revisions to the CDPH Guidelines mean no one will quarantine unless they are symptomatic?
 - a. Effective 4/06/2022, Quarantine guidelines only require symptomatic students and staff to quarantine.

2. Is there a difference in the CDPH Guidelines between school exposure from community exposure?
 - a. Effective 04/06/2022, all guidelines are aligned regardless of school or community exposure.

3. If a vaccinated student is exposed to a positive family or community member may they attend school as long as they are asymptomatic?
 - a. Yes, regardless of vaccination status, asymptomatic students may attend school after exposure.

4. If an unvaccinated student is exposed to a positive family or community member may they attend school as long as they are asymptomatic?
 - a. Yes, regardless of vaccination status, asymptomatic students may attend school after exposure.

5. If my student has more than one symptom, when can he/she return to school?
 - a. All persons with COVID-19 symptoms, regardless of vaccination status or previous infection should:
 - i. Self-isolate and test as soon as possible to determine infection status. Knowing one is infected early during self-isolation enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons (close contacts) who may also benefit by knowing if they are infected.
 1. For symptomatic persons who have tested positive within the previous 90 days, using an antigen test is preferred.
 - ii. Remain in isolation while waiting for testing results. If not tested, they should continue isolating for 10 days after the day of symptom onset, and if they cannot isolate, should wear a well-fitting mask for 10 days.

- iii. Consider continuing self-isolation and retesting in 1-2 days if testing negative with an antigen test, particularly if tested during the first 1-2 days of symptoms.
6. Has your legal team advised you on how to implement the revised CDPH Guidelines?
- a. Our legal team has advised us to follow all recommended guidelines from CDPH and EDCPH.
7. What is the district's isolation and quarantine stance vs. the CDPH guidelines? Are they different or the same?
- a. Our stance has always been to follow all of the CDPH Guidelines.
8. What do we do if we feel our specific situation is not addressed in the CDPH Guidelines or the district's communications?
- a. It is important for families and staff to speak up if they feel we are making a mistake or providing incorrect guidance. As noted earlier, our intent has always been to follow all of the CDPH Guidelines.
 - b. Please contact your school site with any questions you have.
9. It appears that the district is adopting the newly released Group Tracing approach. Is that correct? If so, I'm confused about the 2nd bullet in the district email dated January 15, 2022 that states that exposed students may stay in school so long as they remain asymptomatic. It does not mention testing as a component of exposed students staying in school. However, the Group Tracing document states in part: Exposed students who participate in testing may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. They should test as recommended in Section (2). It appears to me that testing is a required component of participating in school. Can you please clarify the district's plan to comply with this provision of the guidance?
- a. Rescue will utilize the Group Tracing Approach when deemed appropriate.
 - b. For the MVMS families that received a notification on January 15, 2022 from Principal Cambridge:
 - i. Our email for those identified in the Marina Village Group Tracing includes a request to test at home or complete the survey to request testing at school (see below for statement included in our email).

Your child should get tested for COVID-19 as soon as possible, or if your child starts to show [symptoms](#). Your child may get tested at Marina Village on Tuesday, January 18, 2022 by completing this

[SURVEY](#) or by [clicking here to find a testing site near you](#). An over-the-counter (at-home) tests may also be used.

- c. Our intent is to follow all recommendations provided by CDPH.
10. How will the district verify the accuracy of COVID tests performed at home without district supervision?
- a. CDPH does not require “district supervision” for At-Home Antigen testing.
 - b. The District is requesting an email photo of the test results.
11. Did anything change for Rescue staff since they are under CalOSHA Guidelines?
- a. CalOSHA recently updated the ETS (Emergency Temporary Standards) with the current CDPH Guidelines, so there are changes that apply to staff and we will be communicating those changes to them.